



## Sedation Instructions

### Prescriptions

If prescriptions were given to you, please do not wait until the day before the appointment to fill them. Some medications will not be carried by all pharmacies and will have to be ordered in advance. We suggest filling the prescriptions within 7 days of the date of issue.

1. Have the prescriptions filled promptly.
2. Bring the medication with you to your child's appointment. Do NOT administer the medication at home.
3. Should you, the pharmacist, or your pediatrician have any questions, please call our office.

### Eating and Drinking

It is extremely important that your child have an empty stomach during the treatment. For this reason, our office reserves our morning appointments for our patients requiring sedative procedures.

1. No solid food should be given six hours before the appointment.
2. Small amounts of clear fluids (water, sprite, apple juice) may be given up to 3 hours before appointment.
3. Absolutely no milk or grapefruit juice.

### Arriving for Your Appointment

Please be on time or a little early for your appointment. The doctor will want to spend time talking to the parents in the morning before any medication is given to the child.

1. Let your child bring a favorite cartoon to watch during the treatment. Your child may also want to bring a favorite stuffed animal or blanket.
2. Please remove fingernail polish. A pulse-oximeter monitor will be placed on the thumb/finger.
3. Dress your child in loose, comfortable clothing. A blood pressure cuff will be placed on the arm.
4. We recommend another adult be with you at the sedation appointment. They can assist you when you return home with your child.
5. If your child develops a cold, fever, congestion or the flu within 24 hours prior to the appointment, please call our office.
6. We must know if your child has taken any medication for 2 days prior to the appointment. This is very important to us and your child's safety.

### What to Expect during the Sedation Appointment

The Doctor will administer the medication to your child in a cup with juice or Sprite. After taking the meds, you and your child will remain in the waiting area for up to 1 hour. At first your child may not show signs of sleepiness and may even become hyperactive. This should not cause alarm. Once your child is brought back for treatment and "laughing gas" is administered your child should become calmer and relaxed. Unlike general anesthesia, your child probably will not go to sleep during the appointment. However, he/she may feel very tired and groggy and could possibly "doze-off" during treatment. If needed, you may be asked to accompany

# TEAYS VALLEY PEDIATRIC DENTISTRY



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your child into the treatment area and assist with getting him/her comfortable in the chair. However, the dentist will ask that you please return to the waiting room during treatment. It is important for the doctor to have your child's complete attention.

### **Canceling the Appointment**

Sedation appointments are limited so it is important that you keep your child's appointment. If your child is ill and must reschedule, please give us 24 hours notice so that we can allow another child to have the appointment time. If you "NO SHOW" the appointment and do not give 24 hours notice, a \$50.00 cancellation fee will be charged to your account. A \$50.00 deposit is required prior to the appointment and will be credited toward any treatment. However, if you "NO SHOW" then the deposit will count as a broken appointment fee and a new deposit will be collected for the next appointment.

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